






**Columbia S.D. Middle School  
FEBRUARY 2012**



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast \$1.50 Reduced: Free Lunch \$2.60 Reduced: \$.40 Milk \$.35			1 Chicken Nuggets	2 Chili Fritos	3 Meatball Sub
	6 Turkey Corn Dog	7 Macaroni & Cheese	8 Teriyaki Chicken	9 Enchilada	10 School Burger
	13 Teriyaki Dippers	14 Chicken Soft Taco	15 Rib B Q Sandwich	16 Chicken Noodle Soup	17 Hot Dog
	20 No School	21 Orange Chicken	22 Bean & Cheese Burrito	23 Enchilada	24 Chicken Nuggets
	27 Baked Potato Bar	28 Spaghetti	29 Chicken Cordon Bleu		
	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches
	Pepperoni Pizza Cheese Pizza Taco or Chicken Garlic Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Supreme Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza
	One of the "build your own" variety bars is available everyday...				
	Make your own crispy salad from fresh ingredients including romaine or iceberg lettuce, lean chicken or turkey ham, grated low fat cheeses, and a medley of garden fresh vegetables.	Build your own sandwiches on Hoagie Rolls baked fresh in our kitchen. Choose from lean turkey, tuna salad, turkey ham, a variety of cheeses, and a market basket of garden fresh veggies. Week of 2/6 & 2/27.			
	Everyday a garden variety of produce is available to accompany your lunch—you choose what you want and how much! Among the choices are fresh fruits, garden fresh greens.	<b>WHAT COMES WITH A COMPLETE MEAL?</b> Every day all lunches come with an entrée and at least one other item. Other items include a variety of fresh & canned fruit, 2-3 kinds of veggies, a side salad and fat free or low fat milk.			
<b>Milk</b>	A variety of milk is available with each meal.		In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		